



## Black Lives Matter

### Texts:

1. Why I am no Longer Talking To White People About Race, Reni Eddo-Lodge
2. Me and White Supremacy, Layla F Saad
3. White Fragility, Robin Diangelo
4. How to be Anti-Racist, Ibram X.Kendi
5. The Good Immigrant, Nikesh Shukla
6. Women Race and Class, Angela Davis
7. Natives: Race & Class in the Ruins of Empire, Akala
8. Why You Need to Stop Saying “All Lives Matter”, Rachel Elizabeth Cargle for Harpers Bizarre
9. Skill in Action: Radicalizing Your Yoga To Create a Just World, Michelle Cassandra Johnson
10. Why I am No Longer Talking to White People about Yoga, Nadia Gilani
11. Radical Dharma: Talking Race, Love and Liberation, Angel Kyodo
12. I’m Still Here: Black Dignity in a World Made for Whiteness, Austin Channing Brown

### Films:

1. Just Mercy (2019)
2. When They See Us (2019)
3. The Hate You Give (2018)
4. 13th (2016)



## Black Lives Matter

5. I am Not Your Negro (2016)
6. Selma (2015)
7. Fruitvale Station (2013)
8. Malcolm X (1992)

### Yoga Specific:

1. Yoga is Dead Podcast
2. Skill in Action: Radicalizing Your Yoga To Create a Just World, Michelle Cassandra Johnson
3. Why I am No Longer Talking to White People about Yoga, Nadia Gilani <https://nadiagilani.co.uk/>
4. Yoga Inspires <https://yogainspires.co.uk/tag/george-floyd/>
5. Adulthood Podcast, "[Cultural Appropriation, Yoga and Education with Vaani Kaur](#)"
6. The Guilty Feminist Podcast, "[Wellness](#)" episode

### Donate:

1. Black Lives Matter
2. George Floyd's Memorial Fund
3. Stop Hate UK
4. Black Protest
5. Show Racism the Red Card
6. Reclaim The Block
7. The Bail Project Communities
8. United Against Police Brutality