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Mentoring In The Yoga Industry

BY YOGA ALLIANCE PROFESSIONALS

General Mentoring Statistics

84%

of CEO's said that having a mentor helped them avoid costly mistakes

87%

of mentees felt
empowered by their
mentoring
relationship

89%

of mentees go on to mentor others, fostering a culture of learning



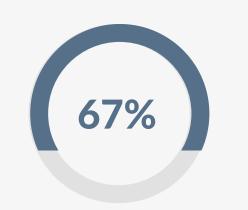




9 in 10 who have a career mentor say they are happy with their job

Mentees are 5 times more likely to be promoted than their colleagues.





Of mentees were more productive in their work due to mentoring



Of businesses felt that mentoring had a positive impact on profits

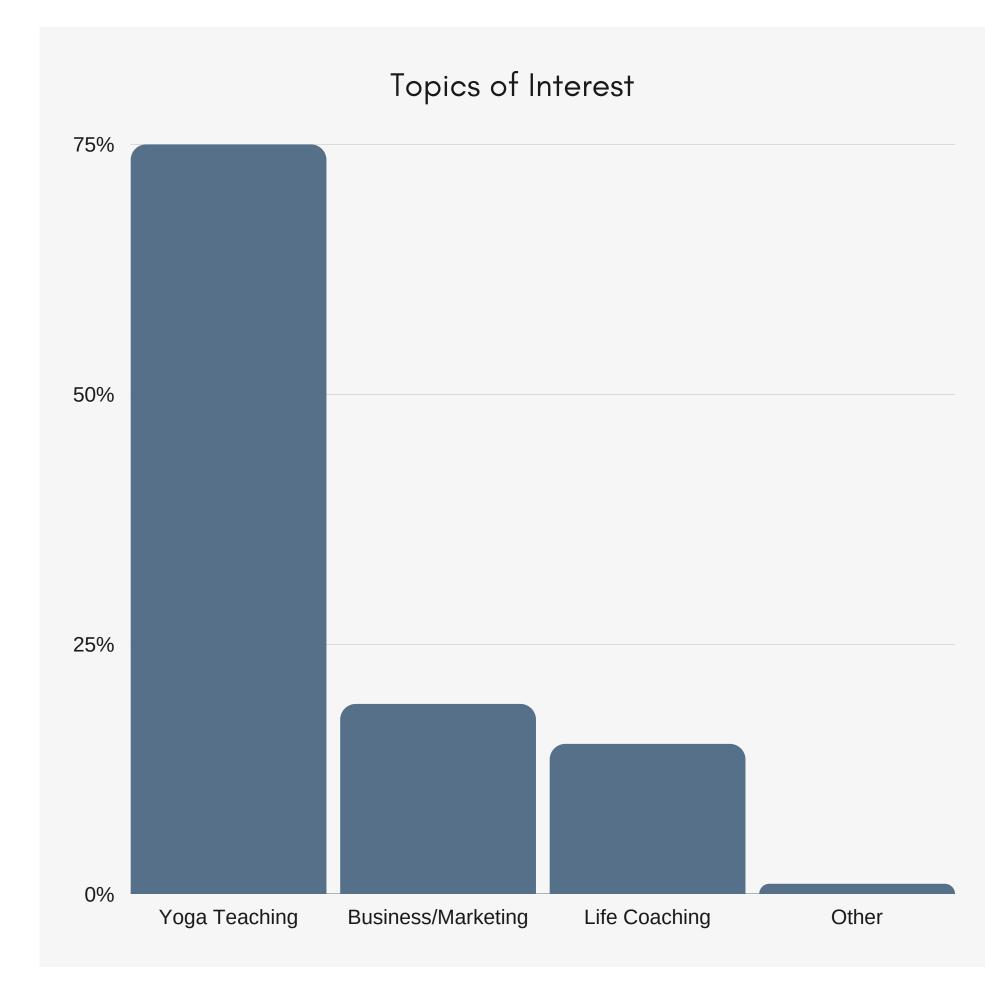


90%

90% of our yoga teachers are interested in taking part in a mentoring program

43%

Only 43% of eligible teachers offer a mentoring program







99% of our yoga teachers want to keep developing their yoga and teaching skills.



However, only 44% of eligible yoga teachers offer development events for yoga teachers.

