

Registered RYS 200& 500 Hr : International Yoga Federation, Yoga Alliance International, Yoga Alliance UK, Yoga Alliance USA ; Member Indian Yoga Society, Yoga Council of India and the Asian Yoga Council

Himalaya Yoga Valley Terms and Conditions and Refund Policy

1. Enrollment

- Himalaya Yoga Valley reserves the right to refuse admission to trainings, workshops or retreats.
- In the event that admission is refused for any reason within the discretion of Himalaya Yoga Valley after payment of deposit or in full , 100% of all moneys received by the company minus a 30% administration fee will be refunded to the payor.
- Latecomers may be admitted to trainings at the discretion of Himalaya Yoga Valley.
- Himalaya Yoga Valley require that all trainees attending our Teacher Training program have comprehensive travel, medical and cancellation insurance for the duration of their training.
- Trainees who are pregnant, or fall pregnant during a Teacher Training Course are not permitted to partake in or continue on the training. No refund will be given under these circumstances. For this reason if you suspect you may be pregnant it is highly recommended you visit a doctor for a pregnancy test before enrolling for the training.

2. Security of Information

- Himalaya Yoga Valley takes the privacy and security of our trainees and their personal information very seriously. Information collected is used strictly by us to provide our services to you and as is required for the provision of our services.
- Information submitted to Himalaya Yoga Valley may be shared with administrative staff and teachers solely for the purpose of administration and teaching.
- Trainees understand that Himalaya Yoga Valley engages in social media networking, such as facebook, flickr etc. as part of the company's promotional endeavors, which may involve sharing of photos or other information.
- Himalaya Yoga Valley may contact graduates in the future about upcoming events and opportunities. This will require the use of trainee contact details. If trainees are uncomfortable with this please make this explicitly known to the staff via email.

3. Payment

- Himalaya Yoga Valley cannot guarantee a place on a Teacher Training Course training until full deposit has been received. Upon receipt of the deposit the trainee will be fully enrolled in their selected course.
- Trainee identification such as a passport photocopy must be provided upon final payment for Teacher Training Course.
- Himalaya Yoga Valley has full discretion to offer discounts and concessions at any time. This does not automatically entitle other trainees to the same discounts and concessions.

4. Cancellation

- Himalaya Yoga Valley accepts no responsibility for cancellations, delays, changes or losses caused by acts of God, war, and threat of war, closure of airports, civil strife, natural disasters, accidents or any other events beyond our control. This includes injuries, illnesses, medical or psychiatric conditions of trainees developed during or subsequent to the course as well as loss of, or damage to, personal property during the training.
- In the unlikely event that a Himalaya Yoga Valley training, workshop or retreat is cancelled 100% of the payment will be refunded, or an alternative retreat or training placement will be offered.
- Where an enrollment is cancelled by a trainee for any reason, the deposit is not refundable.

Transfer of deposit to another training , for exceptional reasons, will be at the discretion of Himalaya Yoga Valley management

- If a training, workshop or retreat must be abandoned or interrupted due to exceptional circumstances there will not be a refund if more than half of the training has been completed (start and finish dates inclusive).
- Himalaya Yoga Valley accepts no responsibility for flight costs in the event of cancellation of trainings, workshops or retreats. The Company is not liable for any flight cancellation, rescheduling or delays.

Injury or illness prior to or during the training:

- By partaking in trainings, workshops, retreats or classes, trainees retain control and direction over all their physical activities and voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in activities during the programme.
- Himalaya Yoga Valley accepts no liability for any injury or illnesses that occur to trainees during the trainings, workshops, retreats or classes.
- The nature of a yoga teacher training, retreats, workshops and classes includes a certain level of interpersonal physical contact. By participating in this yoga events trainees voluntarily agree to this contact and understand its professional nature.

5. Photo Release

- Pictures may be taken during trainings, workshops, retreats or classes and used in a promotional capacity such as facebook, flickr, youtube, the company website etc. By agreeing to these terms and conditions trainees give full permission for this information to be released.
- Himalaya Yoga Valley retains no liability for use of pictures or videos taken by trainees of the training, the teachers or other trainees.
- Photos and videos taken by trainees during trainings are deemed to be for learning and personal use only. Sharing this information with third parties or for financial gain without full permission of Himalaya Yoga Valley is strictly prohibited.

6. Use of Materials

- Materials that are part of any training, workshop or retreat including but not limited to the Himalaya Yoga Valley Teacher training manual, the general layout of the Himalaya Yoga Valley Website, logos, trademarks and webpages content are the property of Himalaya Yoga Valley. Using this information with third parties or for financial gain without full permission of Himalaya Yoga Valley is strictly prohibited.

7. Changes to our Policy

- It may be necessary for us to review and revise these Terms and Conditions. Himalaya Yoga Valley reserves the right to review and change these terms and conditions at any time. If revised, changes will be posted on the website.

8. Program Changes

- Himalaya Yoga Valley reserve the right to alter the programme or curriculum and to select staff from a pool of qualified teachers depending upon availability per training.

Himalaya Yoga Valley Centre Trainee Grievance Policies

1. Aim and Purpose of Grievance Procedure

2. Himalaya Yoga Valley wishes to provide its trainee a motivational, legal, ethical and safe learning environment. Grievances are concerns, problems or complaints raised by a trainee. This procedure applies to all HYVC trainees.

2. Principles of the Grievance Procedure:

- a. A trainee has the right to put forward a complaint and the grounds upon which they are based to the Himalaya Yoga Valley Team.
- b. Trainees are entitled to have these complaints heard by the management and an appropriate action be taken in response.
- c. Trainees have the right to be accompanied by a fellow trainee at all levels of the grievance procedure.
- d. Trainees have the right to full transparency at all levels of the grievance procedure.
- e. It is only possible to hear complaints that it is within the power of HYVC to remedy.
- f. All procedures whether informal or formal should remain confidential insofar as is practicable.
- g. In the case that more than one trainee raises the same or similar complaints, they may be heard together to expedite the procedure.

3. The Procedure

(a) A trainee can instigate their right of complaint by asking a member of HYVC staff for a meeting with the management.

(b) A meeting will be arranged at a reasonable place and time for both the management and the trainee.

(c) The purpose of such meeting is to discuss the nature of the complaint, the grounds of the complaint and any suggested solutions of the aggrieved trainee.

(d) The management will decide upon a course of action that best fits within company policy and protocol.

(e) If the complaint concerns another trainee/s they have the right to be presented with the complaint against them and the grounds for said complaint at the earliest possible opportunity. They have the right to give a response to this complaint.

(d) All decisions made by the management aim to strike a healthy balance in furtherance of the best interests of all trainees on the program and company policy and protocol.

(e) If the trainee is unsatisfied that their complaint has been dealt with they have a right of appeal. This can be made orally or in writing to HYVC management. HYVC will review the complaint in light of the grounds for appeal. The decision may or may not be altered as a result.

(f) After the right of appeal has been invoked all decisions by HYVC are final.

(e) HYVC cannot guarantee that the result will always be favourable for complainants.

Signature _____ Name _____

Position _____ Date / /20

Himalaya Yoga Valley Ethics and Code of Conduct Agreement

Himalaya Yoga Valley (India & Europe Ltd) Level 1 and Level 2 Teacher Training Programs requires and promotes mature behaviour, commitment and respect for self, teachers, peer trainees and Himalaya Yoga Valley Centre. In order for any relationship to run smoothly for mutual benefit, agreements are helpful to communicate before beginning to work together. The Agreements set for the Teacher Training Course are demanding though imperative as they set the tone for an environment that provides a professional, safe, secure and comfortable learning platform for trainees. There is zero tolerance for certain behaviours resulting in immediate expulsion from the Teacher Training Course. These behaviours are:

- Sexual harassment of teachers or trainees
- Sexual relationships with teachers
- In possession or under the influence of illegal substances
- Bullying or intimidation of teachers or trainees.

Please read the following and sign your acceptance (both copies). If there are factors that concern you please discuss, in confidence with Lalit Kumar, Director Himalaya Yoga Valley, or TTC Coordinator Maeve O'Brien.

- Attendance is required for all classes – illness or injury notwithstanding;
- Be punctual for and prepared for all classes;
- Avoid side talk and gossip which can distract the learning process;
- Devote yourself entirely to the course, giving undivided attention and presence during class;
- Ensure modest, clean clothing and personal hygiene for all classes; the external reflects the internal;
- Avoid any excesses or deficiencies that would affect learning i.e. drink enough water, maintain healthy nourishment, avoid late nights and partying;
- Advise instructors if you are injured, unwell or need assistance;
- Show courtesy, respect and honour the knowledge and experience of the teachers, instructors and fellow trainees throughout the duration of the training;
- Speak in confidence to the Director if there is cause for complaint or personal problems affecting learning;
- Trainees are representatives of Himalaya Yoga Valley and are required to uphold the reputation of the Centre by their respectful behaviour in the local community;
- Go through the finish line, not just to the finish line;
- Enjoy the process and celebrate your successes daily.

I agree to uphold the Himalaya Yoga Valley Centre Code of Conduct as outlined above and understand that if I fail to do so, I can be directed to leave the Course with fee non- refundable and non- transferable.

Signed _____ Name _____ Date __ / __ / __

Himalaya Yoga Valley Teacher Training Liability Waiver

Trainee Insurance:

Himalaya Yoga Valley requires that all trainees attending our Teacher Training program have comprehensive travel, medical and cancellation insurance for the duration of their training.

Medical Conditions:

Trainees must disclose all medical conditions known to the participant in the application to the 500 hour program and the pre-arrival form. Trainees must also receive and submit a doctor's clearance prior to participation in the Teacher Training for each medical condition. Himalaya Yoga Valley accepts no liability for aggravation of any medical conditions.

Pregnancy:

Trainees who are pregnant, or fall pregnant during a Teacher Training Course are not permitted to partake in or continue on the training. No refund will be given under these circumstances. For this reason if you suspect you may be pregnant it is highly recommended you visit a doctor for a pregnancy test before enrolling for the training.

Injury or illness prior to or during the training:

Programs are run on an intensive daily schedule and include a high level of physical activity. By partaking in trainings, workshops, retreats or classes, trainees retain control and direction over all their physical activities and voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in activities during the programme.

Himalaya Yoga Valley accepts no liability for any injury or illnesses that occur to trainees during the trainings, workshops, retreats or classes.

The nature of a yoga teacher training, retreats, workshops and classes includes a certain level of interpersonal physical contact. By participating in this yoga events trainees voluntarily agree to this contact and understand its professional nature.

Theft and Loss of Personal Property:

Himalaya Yoga Valley accepts no liability for any theft or loss of personal property. Trainees are responsible for the security of their own property.

Full Name

Date

